

## 2020 Lifeguard Certification Requirements

Waldameer & Water World requires either **American Red Cross** or **YMCA** certifications in:

- Lifeguarding
- First Aid
- CPR & AED

**Uniforms:** All Water World Team Members are Required to have the following uniform:

<b>MALES:</b>	Men's Trunks	\$17.25	<b>FEMALES:</b>	Waldameer Swimsuit	\$22.00
	Waldameer Tank/Tee	\$ 7.00		Waldameer Tank/ Tee	\$ 7.00
	Whistle & Lanyard	\$ 2.50		Whistle & Lanyard	\$ 2.50
	Hip Pack & Pocket Mask	\$ 7.25		Hip Pack & Pocket Mask	\$ 7.25
		<b>\$34.00 Total</b>			<b>\$38.75 Total</b>
<b>Optional:</b>	Waldameer Hat/Visor	\$ 6.00		Waldameer Hat/Visor	\$ 6.00
	Men's Sweatpants	\$14.50		Ladies' Swim Shorts	\$13.50
				Ladies' Sweatpants	\$13.00

Only Waldameer hats or visors are permitted.

Waldameer Hoodies (for cool days) are available for \$17.00.

**Water World Lifeguards are Required to Wear Footwear with a Secure Backstrap, such as Crocs, River Shoes, Water Shoes, and Chaco Sandals.**

**Flip Flops are NOT Permitted due to Safety Reasons**

### Expense Reimbursement:

Waldameer & Water World will reimburse each Water World Team Certified Lifeguard to compensate for their expense and effort to get completely certified. Up to \$150.00 during the first year of certification, up to \$60.00 during the 2<sup>nd</sup> year of certification towards uniform expense, and up to \$85.00 for the 3<sup>rd</sup> year for recertification and uniform expense. Installment payments will be added to bi-weekly paychecks as follows:

<u>1<sup>st</sup> year of certification</u>		<u>2<sup>nd</sup> year of certification</u>		<u>3<sup>rd</sup> year (recertification)</u>	
<u>Pay date</u>	<u>amount</u>	<u>Pay date</u>	<u>amount</u>	<u>Pay date</u>	<u>amount</u>
7/24/20	\$25.00	7/24/20	\$10.00	7/24/20	\$20.00
8/07/20	\$25.00	8/07/20	\$10.00	8/07/20	\$20.00
8/21/20	\$50.00	8/21/20	\$20.00	8/21/20	\$20.00
9/04/20	<u>\$50.00</u>	9/04/20	<u>\$20.00</u>	9/04/20	<u>\$25.00</u>
<b>Total:</b>	<b>\$150.00</b>	<b>Total:</b>	<b>\$60.00</b>	<b>Total:</b>	<b>\$85.00</b>

In order for the Water World Team Member to receive compensation, they must have worked within the two-week pay period in which the installment is to be paid. For any pay period in July, August and September that the Team Member has not worked, the payment will be forfeited.

### Pay Rates for Lifeguards in 2020

\*BONUS: given only when you work until end of our operating season

\*\*Seasonal exemption from minimum wage

	Wage/Hour	Bonus* per Hour worked
<b>17 and Graduated or Over</b>	\$10.50	\$1.00
<b>16 &amp; 17</b>	\$10.00	\$0.50
<b>15</b>	\$7.50**	\$0.25

## **YMCA Prerequisite Swim Test:**

1. Must be at least 16 for YMCA certification
2. Tread water for 2 minutes using legs only
3. Swim 100 yards of free style
4. Swim 50 yards of each free style with head up, breaststroke, sidestroke, breaststroke with head up, elementary backstroke kick with hands on the chest.
5. Perform a feet-first surface-dive in 8-10 feet of water (or maximum depth of training facility). Then swim underwater for 15 feet.
6. Starting in the shallow end of the water, sprint for a distance of approximately 60 feet then perform an arm-over-arm surface dive in 8-10 feet (or maximum depth of training facility).
7. Pick up an object from the bottom of pool, surface and tread water for at least one minute with legs only, replace the object back to the bottom of the pool where it was found.
8. Swim the remaining length to the end of the pool and hoist yourself out of the water.
9. Immediately begin compression on an adult manikin for one minute or 100 compressions, stand and listen to directions from instructor.

## **American Red Cross Prerequisite Swim Test:**

1. Must be at least 15 years-old by the end of the class for Red Cross Certification.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed.
3. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
4. Complete a timed event within 1 minute, 40 seconds.
  - a. Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
  - b. Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object.
  - c. Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so they are able to get a breath. Candidates should not swim the distance under water.
  - d. Exit the water without using a ladder or steps.

Once Enrolled in an Approved **YMCA** or **American Red Cross** Lifeguard Class Please Notify via email:

Dan Hudick  
Water Park Manager  
dhudick@waldameer.com

For an Up-to-Date List of Known **Lifeguard Classes** visit:

<https://waldameer.com/about/summer-jobs/>

Scroll down and click [Certified Lifeguards](#) then click [Upcoming Lifeguard Classes!](#)

## 2020 Lifeguard Courses

Date	Time	New or Re-Cert.	Location	Cost/Other Notes
Sundays (9am-6pm)  May 3, 10, 17, 24	9am – 6pm	New	Eastside YMCA 2101 Nagle Rd.	<p><b>Members: \$185</b> <b>Non-Members: \$225</b></p> <p>*Must pass pre-req swim test by Saturday April 24<sup>th</sup> Call (814) 899-9622</p> <p><a href="https://www.ymcaerie.org/programs/270/ymca-lifeguard-v6-certification-course/">https://www.ymcaerie.org/programs/270/ymca-lifeguard-v6-certification-course/</a></p>
Saturdays (9am-6pm)  June 6, 13, 20, 27	9am - 6pm	New	Eastside YMCA 2101 Nagle Rd.	<p><b>Members: \$185</b> <b>Non-Members: \$225</b></p> <p>* Must pass pre-req swim test by Saturday May 23<sup>rd</sup> Call (814) 899-9622</p> <p><a href="https://www.ymcaerie.org/programs/270/ymca-lifeguard-v6-certification-course/">https://www.ymcaerie.org/programs/270/ymca-lifeguard-v6-certification-course/</a></p>
May 20, 21, 26, 27, 28 4pm-8pm, May 23 noon-4pm May 30 8am-noon	varies	New	Girard High School	<p><b>Lifeguard Training: \$185</b></p> <p>*Prerequisite testing Tues May 19 @ 5pm Register at <a href="http://www.iamathlete.com">www.iamathlete.com</a> Or call 774-3519.</p> <p>Email <a href="mailto:elkcreekrec@gmail.com">elkcreekrec@gmail.com</a></p>
Saturdays March 28, April 4, 18  <b>NOTE:</b> this class is delayed due to the Coronavirus issue. Call for more information	8am – 2pm	New	Fairview Parks & Recreation	<p><b>Lifeguard Training: \$225</b></p> <p>Register: <a href="https://www.fairviewtownship.com/parks-and-recreation/events/25123">https://www.fairviewtownship.com/parks-and-recreation/events/25123</a> or call: Fairview Parks &amp; Rec – 474-5077</p>
Saturdays: March 21 – May 2  <b>NOTE:</b> this class is delayed due to the Coronavirus issue. Call for more information	9am – 2pm	New	Barber National Institute	<p><b>Lifeguard Training: \$210</b></p> <p>To Register Contact: Mary Kaliszak 814-878-4094 <a href="mailto:madams@barberinstitute.org">madams@barberinstitute.org</a></p> <p>100 Barber Place Erie, PA 16507</p>