

## ***Water World Shallow Lifeguard Candidate Swim Test***

- **Date:** Saturday, February 15<sup>th</sup>
- **Time:** 3:30-5:30pm
- **Place:** Hagerty Family Events Center - 501 W 12th St, Erie, PA 16501
- **Criteria:** Must be 15 years or older with basic swimming skills
- **Purpose:** Successful completion of Swim Test qualifies individuals to be trained and certified as American Red Cross Shallow Lifeguard.
- Swim Test and future certification courses provided only to those with intent for employment at Waldameer & Water World for the 2024 Season.
- **Items to bring:**
  - ✓ Appropriate Swim Attire
  - ✓ Swim Goggles\*
- **Sign-Up:** [jobs@waldameer.com](mailto:jobs@waldameer.com). Provide first/last name, phone number, and date of birth.
- **Online Job Application:** <https://waldameer.com/about/summer-jobs/>

### ***Shallow Lifeguard Swim Test Criteria***

Shallow Water Lifeguard Candidates MUST be comfortable working around water, not fear heights, not have an allergy/sensitivity to pool water or the sun and be willing to work in cool, damp weather as well as hot, humid weather. Shallow Lifeguards get wet during a typical work shift and must be vocally assertive to enforce rules with guests of all ages while maintaining patron surveillance in water of various attractions throughout the water park. To qualify, candidates must be at least 15 years-old by the end of the class and pass the prerequisite swim test described below. Water World Management will then select the top candidates to participate an **American Red Cross** Shallow Water Lifeguard Certification Class (Fee TBD) conducted by the Water Park Lifeguard Instruction Team.

1. Jump into the water from the side of the pool, totally submerge, recover to the surface and swim 50 yards. After swimming 50 yards, maintain position at the surface of the water without support for 2 minutes by treading using only legs. After maintaining position at the surface of the water for 2 minutes, swim 50 more yards. The 50-yard swim segments must be done continuously, keeping the face in the water and demonstrating good breath control. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
2. Complete a timed event within 50 seconds without stopping.
  - a. Starting in the water, swim 20 yards using front crawl or breaststroke. The face may be in or out of the water. Swim goggles are not allowed.
  - b. Submerge to a depth of 6 feet to retrieve a 10-pound object.
  - c. Return to the surface and walk or swim 20 yards on the back to return to the starting point, holding the object with both hands and keeping the face at or near the surface of the water. Swimming the distance underwater is not permitted.
  - d. Exit the water without using steps or a ladder.